

### Cloud's Rest Hike Elevation Changes (in feet)

Location	Elevation	Differences	Total Rises	Total Dips
Start	8160	0	0	0
Tenaya Creek	8150	-10	0	10
1 <sup>st</sup> rise	8240	90	90	0
Mildred Lake Creek	8180	-60	90	70
2 <sup>nd</sup> Rise	8235	55	145	70
Lower Sunrise Creek	8190	-45	145	115
1 <sup>st</sup> Junction	9210	1020	1165	115
Meadow	8860	-350	1165	465
Rise	8980	120	1285	465
Lake	8910	-70	1285	535
Rise	8950	40	1325	535
Sunrise Mt. Creek	8870	-80	1325	615
2 <sup>nd</sup> Junction	9090	220	1545	615
Shoulder	9360	270	1815	615
Dip	9340	-20	1815	635
1 <sup>st</sup> Saddle	9390	50	1865	635
False peak	9440	50	1915	635
2 <sup>nd</sup> Saddle	9360	-80	1915	715
Cloud's Rest Summit	9926	566	2481	715

**Total rise for round trip to Junction 1=Total rises + Total Dips= 1280**

**Total rise for round trip to Junction 2=Total rises + Total Dips= 2160**

**Total rise for round trip to Summit=Total rises + Total Dips= 3196**